



# Salsa Figures

## Salsa on One - Bronze

| Bronze I                                                      | Figures               | Posture               | Partnership           | Expression            |
|---------------------------------------------------------------|-----------------------|-----------------------|-----------------------|-----------------------|
| 1A. Underarm Turns Right:<br>Basic with Ladies Right Turn     | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| 1B. Underarm Turns Right:<br>Basic with Man's Right Turn      | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| 2A. Underarm Turns:<br>Basic with Ladies Broken Left          | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| 2B. Underarm Turns:<br>Basic with Man's Broken Left           | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| 3A. Underarm Turns Left:<br>Back Breaks with Ladies Left Turn | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| 3B. Underarm Turns Left:<br>Back Breaks with Man's Left Turn  | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| <b>Bronze II</b>                                              |                       |                       |                       |                       |
| 4. Cross Body Lead                                            |                       |                       |                       |                       |
| A. In Closed Position                                         | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| B. Two Hand Hold                                              | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| C. In Handshake Hold                                          | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| D. Waist Hold                                                 | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| 5. Cross Body Lead with Ladies Inside Turn                    |                       |                       |                       |                       |
| A. Normal Hold                                                | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| B. Shoulder Lead                                              | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| C. Waist Hold                                                 | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |



## Salsa Figures

### *Salsa on One - Bronze*

| Bronze II (cont.) | Figures | Posture | Partnership | Expression |
|-------------------|---------|---------|-------------|------------|
|-------------------|---------|---------|-------------|------------|

6. Catch the Back or Two Way Underarm Turn

|                                          |                       |                       |                       |                       |
|------------------------------------------|-----------------------|-----------------------|-----------------------|-----------------------|
| A. Normal with Right Or Left Turn Ending | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
|------------------------------------------|-----------------------|-----------------------|-----------------------|-----------------------|

|                     |                       |                       |                       |                       |
|---------------------|-----------------------|-----------------------|-----------------------|-----------------------|
| B. With Arm Styling | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
|---------------------|-----------------------|-----------------------|-----------------------|-----------------------|

7. Back Spot Turn

|              |                       |                       |                       |                       |
|--------------|-----------------------|-----------------------|-----------------------|-----------------------|
| A. 1 Measure | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
|--------------|-----------------------|-----------------------|-----------------------|-----------------------|

|                  |                       |                       |                       |                       |
|------------------|-----------------------|-----------------------|-----------------------|-----------------------|
| B. Open & Closed | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
|------------------|-----------------------|-----------------------|-----------------------|-----------------------|

|                                        |                       |                       |                       |                       |
|----------------------------------------|-----------------------|-----------------------|-----------------------|-----------------------|
| C. Ending with Check & Cross Body Lead | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
|----------------------------------------|-----------------------|-----------------------|-----------------------|-----------------------|

#### Bronze III

|                                                 |                       |                       |                       |                       |
|-------------------------------------------------|-----------------------|-----------------------|-----------------------|-----------------------|
| 8. Cross Body Lead: Open Break to Shoulder Turn | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
|-------------------------------------------------|-----------------------|-----------------------|-----------------------|-----------------------|

|                                  |                       |                       |                       |                       |
|----------------------------------|-----------------------|-----------------------|-----------------------|-----------------------|
| 9. She Goes - He Goes - She Goes | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
|----------------------------------|-----------------------|-----------------------|-----------------------|-----------------------|

|               |                       |                       |                       |                       |
|---------------|-----------------------|-----------------------|-----------------------|-----------------------|
| 10. Back Pass | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
|---------------|-----------------------|-----------------------|-----------------------|-----------------------|

|                |                       |                       |                       |                       |
|----------------|-----------------------|-----------------------|-----------------------|-----------------------|
| 11. The Spiral | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
|----------------|-----------------------|-----------------------|-----------------------|-----------------------|

#### Bronze IV

|               |                       |                       |                       |                       |
|---------------|-----------------------|-----------------------|-----------------------|-----------------------|
| 12. Back Roll | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
|---------------|-----------------------|-----------------------|-----------------------|-----------------------|

|                     |                       |                       |                       |                       |
|---------------------|-----------------------|-----------------------|-----------------------|-----------------------|
| 13. Drop Hand Catch | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
|---------------------|-----------------------|-----------------------|-----------------------|-----------------------|

|                                         |                       |                       |                       |                       |
|-----------------------------------------|-----------------------|-----------------------|-----------------------|-----------------------|
| 14. Ladies Left to Man's Left Hook Turn | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
|-----------------------------------------|-----------------------|-----------------------|-----------------------|-----------------------|

|                 |                       |                       |                       |                       |
|-----------------|-----------------------|-----------------------|-----------------------|-----------------------|
| 15. Social Step | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
|-----------------|-----------------------|-----------------------|-----------------------|-----------------------|



Silver Salsa Figures

## Salsa Figures

### *Salsa on One - Silver*

| Silver I                                 | Figures               | Posture               | Partnership           | Expression            |
|------------------------------------------|-----------------------|-----------------------|-----------------------|-----------------------|
| 1. Overturned Cross Body Lead            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| 2. The Cross Body Lead Waltz             | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| 3. Cross Body Lead w/ Options            |                       |                       |                       |                       |
| A. Man Turning Right                     | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| B. Man Turning Left                      | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| C. Double Handshake Hold                 | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| <b>Silver II</b>                         |                       |                       |                       |                       |
| 4. Copa or In & Out                      |                       |                       |                       |                       |
| Single & Double Turn                     | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| Handshake Hold                           | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| Double Handshake Hold                    | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| 5. Cross Body Lead to Double Right Turn  | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| 6. Cross Body Lead to Touch & Go         | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| 7. Cross Body Lead to Inside Double Turn | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| <b>Silver III</b>                        |                       |                       |                       |                       |
| 8. Titanic or Crucifix                   | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| 9. Back to Back Turn                     | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| 10. The Ballerina                        | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| 11. Behind the Back Turn                 | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |



## Salsa Figures

### *Salsa on One - Silver*

| Silver IV                      | Figures               | Posture               | Partnership           | Expression            |
|--------------------------------|-----------------------|-----------------------|-----------------------|-----------------------|
| 12. Catch the Back Variation   | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| 13. Special Social Step        | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| 14. Cross Body Adventure       | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| 15. Cross Body Great Adventure | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |



# Salsa Figures

## *Salsa on One - Gold*

| Gold I                                                   | Figures               | Posture               | Partnership           | Expression            |
|----------------------------------------------------------|-----------------------|-----------------------|-----------------------|-----------------------|
| 1. Copa w/Man's Hammerlock                               | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| 2. Copa Back to Back                                     | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| 3. Copa with Belly Wrap                                  | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| 4. The Wrap with Zig Zag                                 | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| 5. Copa to Double Hammerlock                             | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| <b>Gold II</b>                                           |                       |                       |                       |                       |
| 6. Triple Turn                                           | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| 7. The Quad Turn                                         | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| 8. Back Spot Turn w/Back Roll                            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| 9A. Cross Body Lead with<br>Reverse to Ladies Hammerlock | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| 9B. Cross Body Lead to Ladies<br>Triple Turn Hammerlock  | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| 10. Hand Flick                                           | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |