



Bronze WC Swing Figures

Swing Dances

WEST COAST SWING- Bronze

Bronze I	Figures	Posture	Partnership	Expression
1. Underarm Turn	☐	☐	☐	☐
2. Left Side Pass	☐	☐	☐	☐
3. Sugar Push	☐	☐	☐	☐
Bronze II				
4. Underarm Turn to Right Side Pass	☐	☐	☐	☐
5. Tuck-In from Left Side Pass	☐	☐	☐	☐
6. Tuck-In from Right Side Pass	☐	☐	☐	☐
7. Half Whip and Throw Out Starter Step	☐	☐	☐	☐
Bronze III				
8. Basic Whip	☐	☐	☐	☐
9. Whip with Inside Turn	☐	☐	☐	☐
10. Whip with Outside Turn	☐	☐	☐	☐
11. Whip with Check	☐	☐	☐	☐
Bronze IV				
12. Underarm Turn with Leader's Loop to Right Side Pass	☐	☐	☐	☐
13. Sugar Push Point	☐	☐	☐	☐
14. Lock Whip	☐	☐	☐	☐



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WEST COAST SWING- Bronze

Bronze IV (Cont.)

12. Underarm Turn with Leader's Loop to Right Ride Pass	☐	☐	☐	☐
13. Sugar Push Point	☐	☐	☐	☐
14. Lock Whip	☐	☐	☐	☐
14. Continuous Whip	☐	☐	☐	☐



Swing Dances

WEST COAST SWING-Silver

Silver I	Figures	Posture	Partnership	Expression
1. Checked Whip & Throwout	☐	☐	☐	☐
2. Roll In & Pass	☐	☐	☐	☐
3. Double Face Loop, Tuck Spin	☐	☐	☐	☐
Silver II				
4. Hammerlock & Tummy Whip	☐	☐	☐	☐
5. Lock Loop, Side Break & Spin	☐	☐	☐	☐
6. Spinning Hammerlock	☐	☐	☐	☐
7. Continuous Whip	☐	☐	☐	☐
Silver III				
8. Sugar Push Syncopations	☐	☐	☐	☐
9. Underarm Turn Syncopations	☐	☐	☐	☐
10. Roll In, Check & Throwout	☐	☐	☐	☐



Swing Dances

WEST COAST SWING - Gold

Gold I	Figures	Posture	Partnership	Expression
1. Swivel Whip & Syncopated Taps	☐	☐	☐	☐
2. Cradle Switches	☐	☐	☐	☐
3. Solo Spin & Hustle Whip	☐	☐	☐	☐
Gold II				
4. Hammer Whip & Roll In	☐	☐	☐	☐
5. Press Whip & Grapevine	☐	☐	☐	☐
6. Kick & Sit	☐	☐	☐	☐
7. Tuck & Kick Swivel Pass	☐	☐	☐	☐
Gold III				
8. Neck Whip & Catch	☐	☐	☐	☐
9. Double Hammerlock	☐	☐	☐	☐
10. Behind the Back Whip & Worm	☐	☐	☐	☐