



Swing Dances

West Coast Swing (Hipster Swing) -Bronze

Bronze I	Figures	Posture	Partnership	Expression
1. Starter Step	☐	☐	☐	☐
2. Sugar Push	☐	☐	☐	☐
3. Underarm Turn	☐	☐	☐	☐
4. Left Side Pass	☐	☐	☐	☐
5. Right Side Pass	☐	☐	☐	☐
6. Left Side Pass with Tuck	☐	☐	☐	☐
7. Right Side Pass with Tuck	☐	☐	☐	☐
Bronze II				
8. Starter Step with Throwout	☐	☐	☐	☐
9. Sugar Tuck	☐	☐	☐	☐
10. Whip	☐	☐	☐	☐
11. Roll In Roll Out	☐	☐	☐	☐
12. Core Sugar Push	☐	☐	☐	☐
13. Basket Whip	☐	☐	☐	☐
14. Whip with Inside Turn	☐	☐	☐	☐
15. Sugar Push with Arm Release	☐	☐	☐	☐



Silver Hipster Elements

Swing Dances

West Coast Swing (Hipster Swing) - Silver

Silver I	Figures	Posture	Partnership	Expression
1. Starter Step with Tuck	o	o	o	o
2. Half Moon Sugar Push	o	o	o	o
3. Leader's Underarm Turn	o	o	o	o
4. Left Side Pass w/Inside Turn	o	o	o	o
5. Right Side Pass w/Inside Turn	o	o	o	o
6. Sugar Push with Inside Turn	o	o	o	o
7. Butterfly Pass	o	o	o	o
8. Whip with Outside Turn	o	o	o	o
Silver II				
9. Starter Step with Inside Turn	o	o	o	o
10. Sugar Tuck w/Catch & Turn	o	o	o	o
11. Double Inside Underarm Turn	o	o	o	o
12. Right Side Pass w/Barrel Turn	o	o	o	o
13. Core Whip	o	o	o	o
14. Core Whip w/ Outside Turn	o	o	o	o
15. Traveling Whip	o	o	o	o
16. Butterfly w/ Underarm Turn	o	o	o	o



Swing Dances

West Coast Swing (Hipster Swing)- Gold

Gold I	Figures	Posture	Partnership	Expression
1. Starter Step with Elbow Turn	o	o	o	o
2. Competition Sugar Push	o	o	o	o
3. Two Hand Barrel Turn	o	o	o	o
4. Continuous Roll In Roll Out Pass	o	o	o	o
5. Whip with Push Break	o	o	o	o
6. Whip with Arm Release & Underarm Turn	o	o	o	o
7. Basket Whip with Peekaboo Exit	o	o	o	o
8. Continuous Whip	o	o	o	o
Gold II				
9. Starter Step with Barrel Turn	o	o	o	o
10. Competition Sugar Push With Turn	o	o	o	o
11. Alternating Underarm Turn	o	o	o	o
12. Roll In Roll Out Pass With Inside Turn	o	o	o	o
13. Slingshot Whip	o	o	o	o
14. Continuous Whip w/ Inside Turn	o	o	o	o